



## 2022-2023 PRACTICE SCHEDULE

**AUGUST 15, 2022 – MAY 12, 2023**

LEVEL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Xcel Bronze	3:30 pm - 6:00 pm				3:30 pm - 6:00 pm
Xcel Silver	6:00 pm - 8:30 pm		6:00 pm - 8:30 pm		3:30 pm - 6:00 pm
AAU Level 3		3:30 pm - 6:00 pm	3:30 pm - 6:00 pm	3:30 pm - 6:00 pm	
Xcel Gold		5:30 pm - 8:30 pm	5:30 pm - 8:30 pm	5:30 pm - 8:30 pm	
Xcel Platinum	5:30 pm - 8:30 pm	5:30 pm - 8:30 pm	5:30 pm - 8:30 pm	5:30 pm - 8:30 pm	
Level 9	5:30 pm - 8:30 pm	5:30 pm - 8:30 pm	5:30 pm - 8:30 pm	5:30 pm - 8:30 pm	

**\*Xcel Bronze & Xcel Silver practice on Friday 11/11, 1/28, 2/25, will be rescheduled with the following Thursday dates (Nov.10th, Jan.26th, Feb.23rd)**

**All monthly fees, practice days, and times are subject to change.**

Revised 07/12/22