

DEVELOPMENTAL CLASSES

NOVICE

Classes for girls ages 6 & up that develops the beginning gymnastics skills on all four competitive women's events. There are no requirements for this class. There are also no prior skill set or knowledge needed.

Gymnast will be evaluated during each session and our staff will determine when a gymnast is prepared to move to the next level. It typically takes several sessions to progress to the next level. Gymnast will work skills from Level 1 of the USA Gymnastics competitive routines.

BRONZE

Must be evaluated for class. Classes for girls ages 6 & up that develops intermediate gymnastics skills on all four competitive women's events. It is recommended the child have already participated in our Novice class. There are certain skill and mental requirements necessary in order to be on this level. Gymnast will be evaluated during each session and our staff will determine when a gymnast is prepared to move to the next level. It typically takes several sessions to progress to the next level.

Gymnast will work skills from Level 2 of the USA Gymnastics competitive routines.

SILVER

Must be evaluated for class. Classes for girls ages 6 & up that develops more advanced gymnastic skills on all four competitive women's events. It is recommended the child have already participated in our Novice and

Bronze classes. There are certain skill and mental requirements necessary in order to be on this level. Gymnast will be evaluated at end of each session and instructors will determine if a gymnast is prepared to try out for the competitive team. Tryouts for the competitive team are done during the Elite Tumbleweed Training Camp held during the summer. Gymnast will work skills from Level 2 and 3 of the USA Gymnastics competitive routines.