

College Park Developmental Gymnastics FAQs

Where can I find class information?

General class information including session schedule, class times, and registration list for upcoming session, skill list, etc. can be found on the College Park Gymnastics main website <http://cptumbleweeds.com>.

When are gymnastics classes offered?

Gymnastics classes are offered year round on a session basis with the exception of a few days or weeks off for holidays and/or other school breaks. Sessions typically run 8 to 10 weeks. The class sessions are Winter, Spring, Summer, Fall I & Fall II.

How much are gymnastics classes?

Class prices vary by session depending on the session length. All prices can be found on the College Park Gymnastics main website <http://cptumbleweeds.com>. You may only attend the day and time that you have registered. Classes will not be prorated for any student. All major credit cards are accepted.

What classes are offered at the gym?

KiDsGyM USA – Preschool Program

Wiggle Worms (Co-ed ages 1 year to 3 years 6 months)

Mighty Mites (Co-ed ages 3 years to 4 years 11 months)

Super Mites (Girls ONLY ages 5 to 6 years 11 months)

Dyno Mites (Girls ONLY ages 5 to 6 years 11 months) Evaluation Required

Super Mites (Boys ONLY ages 5 years to 6 years 11 months)

Boys ONLY (ages 7 & up)

Developmental Program

Novice - Beginner (ages 7 years to 15 years)

Bronze - Intermediate (ages 7 years to 15 years) Evaluation Required

Silver - Advanced (ages 7 years to 15 years) Evaluation Required

How do I register my child for classes?

All class session registration currently takes place online. To register for classes go to the College Park Gymnastics main website <http://cptumbleweeds.com> and click on registration portal. This will take you to our parent portal where you will create a profile for your child/children. After creating a profile you will be able to enroll in classes and make payment. All class participation requires full payment at the of registration.

How do I know which class to register my child for?

Children 6 under should be registered for their age appropriate groups and boys 7 & up within the KiDsGyM USA Preschool Program. Girls ages 7 - 15 years of age should register in our Developmental Program which is strictly skill based. New participants in the Developmental program ages 7 -15 years must register for our beginner level (Novice) regardless of any previous gymnastics background. Returning participants should register for the same class from the previous session.

If my child is registered in classes for the current session is their spot guaranteed for the next session on the same day and time?

Class attendance in a prior session does not secure a day & time for the following session. Keep in mind all classes are first come first serve and fill up quickly so it is recommended to complete registration as soon as possible.

Is there an age limit for gymnastics class participants?

KiDsGyM USA Preschool Program starts at age 1 and goes up to 6 years. The Developmental Program is for GIRLS ONLY ages 7 to 15 years.

What should my child wear to class?

All participants should wear a leotard or athletic wear such as gym shorts, spandex with t-shirt. Please no clothing with zippers or buttons. All hair must be pulled back and out of the participants face. To prevent injury, participants should not wear jewelry during class time.

Are parents allowed in the gym during class?

Due to the capacity limits of our facility as determined by the Fire Marshall, we are ONLY capable of accommodating 50 participants and spectators in the bleachers in the gymnastics facility. All gymnasts must be dropped off on the bleachers at the beginning of their class and must remain seated on the bleachers until their classes are called to begin. Parents will be required to exit the gymnastics facility and lobby due to fire code and may return 10 minutes after classes start if they would like to view their child's class. Parents of children in the in the Wiggle Worms, Parent and Tot class, are considered participants and are required to take class with their child.

If my child misses class are they able to make-up that class at another time?

There is a NO MAKE UP policy for the gymnastics program. Also if classes are cancelled due to any unforeseen circumstances i.e. power outage, loss of water, or severe weather, the class will not be made up.

What is the class cancellation process?

A class may be cancelled if there are less than 5 students registered. If there are not 5 gymnasts in a class we may ask you to change to a different day and/or time to accommodate your child. Class fees are adjusted at the time of registration for any holidays during the gymnastics session. The cost of each session has been adjusted for these missed classes.

How are the Developmental Program class groups separated?

Generally classes are separated by class level. Within those groups depending upon how many participants are registered the groups may be randomly split again to maintain an 8 to 1 instructor ratio. In the developmental program class participants are assessed within the first two weeks of class. Participants may be moved and placed with others who have similar skill levels.

What is the Tumbleweeds Developmental class curriculum?

There is a set curriculum each week for the Tumbleweeds Developmental Program and certain skills required to progress within the program. This curriculum is set in place to ensure that the gymnast gets exactly what they need. Starting with basics and terminology then progressing to more difficult skills throughout the session.

How do gymnasts progress from one class level to the next in the Developmental Program?

During each session in the Developmental Program daily evaluations will be conducted each week during class. Coaches will track skill progressions for each participant. Towards the end of the session coaches will turn in recommendations for who they think should be evaluated to move up. The final evaluation and decision will be determined by the Head Coach.

Will we be able to see the results of the evaluations?

Progress report will be available online in the parent portal for the Tumbleweed Developmental Program. When a final decision is made parents will receive email notification as well as a certificate that shows whether or not their child will be moving to the next class level.

Do class participants put on any performances during the sessions?

Once a year during the spring session the Developmental class participants put on a performance in our Tumbleweeds Olympics. Class participants are able to showcase the skills they have been learning in class. Registration for the Tumbleweeds Olympics is not included with class session enrollment and does cost an additional fee. Fees and information for the Tumbleweeds Olympics will be given out at the beginning of the spring session (participation is recommended but is not required). For KiDsGyM USA class participants a similar performance also takes place during the spring session and information will be given out during that time.

How can my child get more time in the gymnastics gym?

Every Friday from 6-9 pm at the gym there is "Parent's Night Out" which is supervised free play where kids can explore the gymnastics equipment and work on skills at their own pace. All additional information can be found on the College Park Gymnastics main website <http://cptumbleweeds.com> under the special activities tab.

Are private gymnastics or tumbling lessons available at the gym?

Private gymnastics and tumbling lessons are available at the gym. All information can be found on the College Park Gymnastics main website <http://cptumbleweeds.com> under the special activities tab.

Is there a gymnastics summer camp offered?

The gymnastics summer camp is strictly for competitive team training and is invite only.

How does my child get on the competitive gymnastics team?

In order to get on the competitive team gymnasts must first progress through the Developmental Program. Once they reach the top class level which is Silver, they will be invited to train with the competitive team during team training. This is a try out for the competitive Tumbleweed Team.

Can my child have a birthday party at the gymnastics gym?

Yes, all information in regards to birthday parties can be found on the College Park Gymnastics main website <http://cptumbleweeds.com> under the special activities tab.